

Surgical screening

After your doctor schedules your surgery, a preoperative nurse will contact you during daytime hours to interview you regarding your medical history. You may also visit our website, click on "PREOP forms" and complete your medical history. The nurse will request the names of the medications that you take, including herbal remedies. At that time, the nurse will give you instructions about how to prepare for surgery. Call after 12noon the day prior to your surgery date for your time. You may also visit our website, click on „Preop Forms" and complete - your medical history.

Your surgery is scheduled for :

DATE: _____

TIME: _____

ARRIVAL TIME: _____

The evening before surgery

The following instructions are very important and **MUST** be followed. Otherwise it may be necessary to cancel your surgery.

- Do not eat or drink anything after midnight the night before your surgery, including water, juice, coffee, chewing gum or mints.
- Do not drink alcoholic beverages or take recreational drugs 48 hours prior to surgery.
- Do not smoke before or after your surgery. Smoking may cause anesthetic problems.
- Do not take aspirin, aspirin products, vitamin E, Motrin, Ibuprofen, Advil, Aleve, or any herb or garlic supplements for one week before and after surgery, unless otherwise instructed by your doctor. Talk to your doctor if you take Coumadin, Plavix, or other blood-thinners.
- If you are taking medication for breathing, seizure, heart disease or blood pressure, take it the morning of surgery with a small sip of water. If you use inhalers, bring them with you.
- If you are a diabetic, do not take any pills or insulin the morning of the procedure. If your surgery is scheduled for later in the day, we will give further instructions. Bring your insulin with you.
- Do not use lotions, gels, hair spray, cologne, perfume or powders. If your surgery is above your chest, do not use deodorant.
- If you feel you cannot comply with these guidelines, please call the preoperative nurses at 248-223-9925 to discuss your concerns.

The day of surgery

Please report to the registration desk at the Great Lakes Surgical Center located at 26051 Lahser Road, Southfield.

Important points to remember - Adults:

- For your safety, you must have a responsible adult accompany you and remain at Great Lakes Surgery Center during your surgery and drive you home. You cannot go home alone. Surgery will not be performed if a responsible adult does not accompany you to Great Lakes Surgery Center.
- Wear comfortable, loose-fitting clothes.
- Please bring your insurance card and photo ID.
- Bring any healthcare power of attorney and/or applicable guardianship papers.
- You may wish to bring a pillow and blanket for the ride home.
- Leave jewelry and valuables, including rings, watches, earrings and money at home.
- We may require a urine specimen on female patients. Please inform receptionist before using the bathroom.

Important points to remember -Children:

- Remove all baby bottles from the crib at night. Inform family members that the child should not be given anything to eat or drink after midnight.
- If appropriate for the child's age, remove all drinking glasses from the bathroom. Do not let the child brush his/her teeth the morning of the surgery.
- You may bring children in pajamas. They may keep their undergarments on.
- For infants, you may bring formula or special drinking cups for use after surgery. Bring an extra diaper or change of undergarments.
- Bring a change of clothes for your child.

After surgery

- Discharge instructions will be provided and any questions answered.
- Expect to be drowsy for the remainder of the day.
- You will not be able to drive or return to work on the day of surgery.
- Follow your post operation instructions.
- If you experience unexpected severe pain, heavy bleeding or a temperature greater than 101 degrees Fahrenheit, call your surgeon or immediately go to the emergency room.
- Do not drive a car, sign legal documents, operate machinery, drink alcoholic beverages or use recreational drugs for at least 24 hours after surgery.
- The next working day after surgery, a nurse will telephone you to check on your progress.